



The Seton Sentinel

St Elizabeth Ann Seton Council 7473

Serving St Elizabeth Ann Seton, Holy Spirit and St. Helens Catholic Parish's

Council - www.kofc7473.org

State - www.indianakofc.org

Supreme - www.kofc.org

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Issue #25

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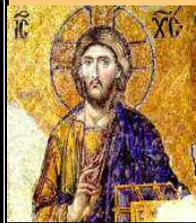
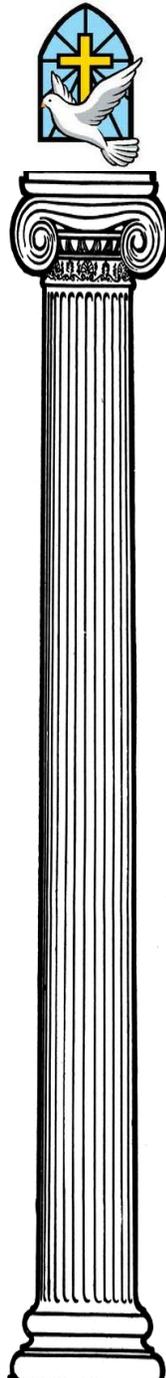
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THE CHAPLAIN'S CORNER

My Dear Fellow Knights,



*Keeping
a Holy Lent*



In Preparation for the Season of Lent

“Remember not the former things, nor consider the things of old...I am He who blots out your transgressions for my own sake, and I will not remember your sins.”

Guided by the Word of God we hear proclaimed by the prophet Isaiah, we can prepare our hearts well for the Season of Lent which solemnly begins on Ash Wednesday. These moving promises of God that we hear inspire us to begin again, which after everything is said and done, is what we feel the desire to do in Lent. To begin again, to recover our baptismal innocence which has been so marred by our sins and offenses...this is the goal of Lent. We ask God for forgiveness, especially in the Sacrament of Reconciliation, and we strive to live the commandments of charity and love, which

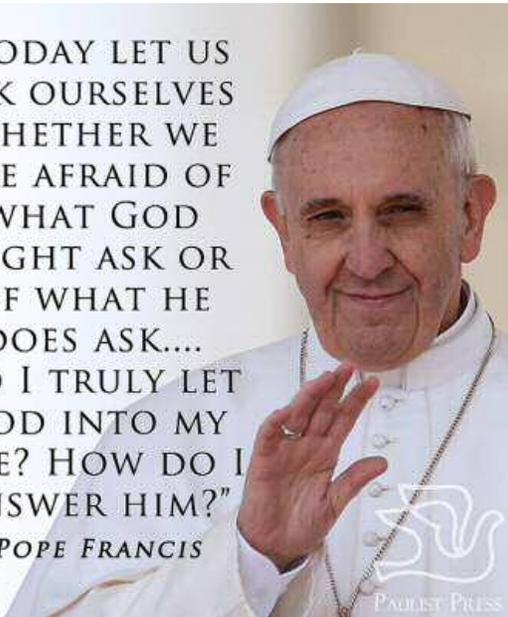
wipes away our sins and helps us to live as children of God.

We live the spirit of Lent by prayer, fasting and works of mercy, almsgiving. We go into the desert in our hearts to talk to God and face up to that which separates us so often from a living friendship with God. This is prayer. We sacrifice, go against our natural desires, especially when we are inclined to think more of our comfort than the good of others. This is fasting. We live like Jesus, showing mercy to others, giving our heart, our resources, our service to the poor, the needy, to every human person. This is almsgiving.

"Return to me with all your heart," we will hear God implore us on Ash Wednesday. And God promises us to lift us up again, as he does in the Gospel through the cure of the Leper. *"I say to you, be clean!"* Jesus cries this out to you. When we are marked with ashes on Wednesday, recalling our fallen condition, let us ask Mary, our Hope, for a new beginning, for yourself, and for our whole family, the Church throughout the world

Jr. Frank Torres

"TODAY LET US
ASK OURSELVES
WHETHER WE
ARE AFRAID OF
WHAT GOD
MIGHT ASK OR
OF WHAT HE
DOES ASK....
DO I TRULY LET
GOD INTO MY
LIFE? HOW DO I
ANSWER HIM?"
-POPE FRANCIS



Words from the Grand Knight



Dear Brother Knights
This month is the beginning of a very important fund raising period for our Council. It starts with our first Fish Fry of the Lenten season at Holy Spirit Church on February 16th.

Additionally, like last year, we will also be conducting a raffle over the course of all three parish Fish Fry's. The three Fish Fry's and raffle combined contribute the most significant portion of our Council's fund raising revenue for the year.

With your help, we continue to support our community as well as many state and local charities such as the Gibault Campus for troubled children, St. Joseph's Carmelite Home, the Women's Care Center, our local food pantries, the Special Olympics, our Bike Project, our Parish Youth Groups, the Boy Scouts and the Seminarians of our diocese.

Therefore, I am asking each of you to help with both of these fund raising programs as much as possible. Volunteer, if for only a couple of hours, at each of our Fish Fry's and then help sell the raffle tickets that you received in the mail. If you need additional raffle tickets, they are available from Joe Szczerbowski at 219-689-3019.

This is your opportunity to show support of our Council, our parish and our community. With your help, we will stay strong in our efforts to support one of our core missions—that of **Charity**.

Thank you in advance for your generosity and support

Viva Jesus,

GK *Bruce Beck*

"We can reach half way around the globe to help those in need and we can reach to our neighbor next door. And we do that every day. That makes us witnesses to the faith."

Supreme Knight Carl Anderson

LENTEN WALK

Heavenly Father, I am called to walk by the light of Christ, your Son, and to trust in his wisdom.

During Lent, I submit my self to him more and more and am striving to believe in him with all my heart.

I enter on this path of repentance so that in dying to self I might rise to new life.

Lord Jesus, you spoke peace to a sinful world and brought mankind the gift of reconciliation by the suffering and death you endured. I love you and joyfully bear the name 'Christian.' Teach me to follow your example. Increase my faith, hope and charity so that I may struggle to turn hatred to love and conflict to peace.

Loving Redeemer through your passion, teach me self-denial, strengthen me against evil and adversity and so make me ready to celebrate your Resurrection.

Healer of body and soul, cure the sickness in my spirit so that I may grow in holiness through your constant care.

Forgive my sins against the unity of your family; make me love as you loved me.

Good Master, make me mindful of the dignity you gave me in Baptism, may I live for you at every moment.

Give me a perfect heart to receive your work, that I may bring forth fruit in patience.

Renew my eagerness to work with you in building a better world, so that my friends may hear your gospel of peace and justice.

AMEN

Update Your Beneficiaries

Sometimes it is easy to overlook the simplest of things.

Take, for example, the beneficiaries on your life insurance policies. If your policy was applied for and issued several years ago, it may very well be that the person you originally selected as the beneficiary is no longer the person you would want to receive the policy proceeds. If you bought the policy when you were single, for example, you may have named your parents as beneficiaries. If you have since married, your policies should be updated to reflect your spouse as beneficiary. Maybe you've had children since, who are not named on the policies.

Most people list a primary beneficiary, who I specifically designated as the first in priority to receive policy proceeds. We also encourage the naming of a contingent beneficiary, an alternate person designated to receive policy proceeds, usually in the event that the original beneficiary pre-deceases the insured.

I routinely call all of my policyholders for annual review appointments, usually near the anniversary date of your policy – that is, the date it was originally issued. One of the matters that I'll discuss during this review is the status of your beneficiary designations. If they need updating, and they oftendo, I can complete the paperwork during that appointment.

I look forward to meeting with each of you to discuss your family's needs.

Vivat Jesus

Eric

219-689-4980

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TWO WOLVES

An old Cherokee is teaching his grandson about life. "A fight is going on inside me," he said to the boy.

"It is a terrible fight and it is between two wolves. One is evil - he is anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego." He continued, "The other is good - he is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith. The same fight is going on inside you - and inside every other person, too."

The grandson thought about it for a minute and then asked his grandfather, "Which wolf will win?"

The old Cherokee simply replied, "The one you feed."

Happy February Birthdays to Btothers:

Jacob Wellsand, Leo Mayhew, Joseph Pollaro, Leon Sanchez Fred Siminski, John Vidal, Robert Moreth, Norman Neher, John Kaley, Donald Heymig, James Feeney, Thomas Owens, John Mc Carthy

Remember our Brothers and their Families that need of our Prayers

Mike Halcarz, Merle's wife Jeanette Foresman looking forward to working with the person who will be submitting the activity forms as the Council needs to be recognized for their activities., Rich Schutkovske, Dave Pszonka, Mike Halcarz, Fred Siminski's daughter in law, Jessica Siminski and baby, Joe Pollaro and his wife, Ken William's dad, Ernie Williams, Margie Wilson, Dennis Conley, Ted & Nan Fitzgerald, Marty DeBattista and Ed Stram.

If you know of anyone that should be included or removed from this list contact Bruse Beck, 1-670-1877, bab72@netnitco.net

WINNERS

50/50 winner: Ken Williams won \$36.00 and donated it to Gibault. Monthly Attendance drawing:

Winner was not in attendance and did not win \$90.00 The kitty will reset to \$95.00.

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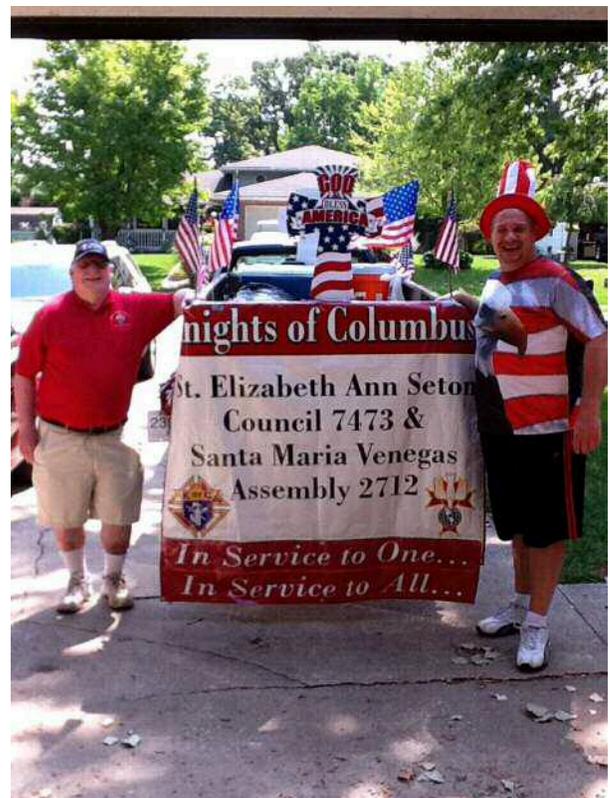
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nrichter@richter-dental.com



SCHEDULE OF EVENTS

- FEB 3 Holy Spirit Mens Club at 8:00am
- FEB 8 Council Officers Meeting at St. Helen's 7:00pm
- FEB 10 Council Breakfast at Hebron's Country Kitchen at 8:00am
- FEB 14 Council Business Meeting at St. Helen's 7:00pm
- FEB 16 KofC Fish Fry at Holy Spirit (4-7:30pm)
- FEB 28 Council Social Meeting at LOFS 19th Hole
- MAR 2 KofC Fish Fry at St. Helen's (4-7:30pm)
- MAR 3 Holy Spirit Mens Club at 8:00am
- MAR 8 Council Officers Meeting at SEAS 7:00pm
- MAR 10 Council Breakfast at 12 Islands in CP at 8:00am
- MAR 14 Council Business Meeting at SEAS 7:00pm
- MAR 16 KofC Fish Fry at SEAS (4-7:30pm)
- MAR 28 Council Social Meeting at LOFS 19th Hole at 7:00pm

- APR 5 Council Officers Meeting at Holy Spirit 7:00pm
- APR 7 Holy Spirit Mens Club at 8:00am
- APR 11 Council Business Meeting at Holy Spirit 7:00pm
- APR 14 Council Breakfast at Pappas in CP at 8:00am
- APR 25 Council Social Meeting at LOFS 19th Hole at 7:00pm



FISH FRY



HOLY SPIRIT - FEB 16
ST. HELEN - March 2
ST. ELIZABETH - March 16

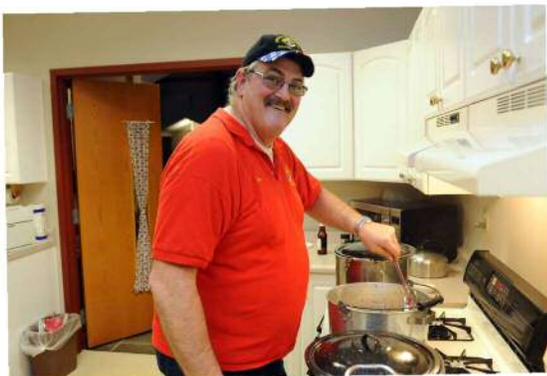
HOURS: 4:00 - 7:30 PM for each fry.

COST:

Adults \$12 Seniors (62+) \$10

Children 5-13 \$5 Children under 5 free

REMEMBER OUR RAFFEL





Return Mail Requested

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